

LINALOE

With fibres, plants, vegetal enzymes, probiotics, and aloe

LINALOE is a nutritional supplement in powder composed by a balanced and synergic mix of beneficial fibres, natural plants, vegetal enzymes, prebiotics, and probiotics that are accompanied with Aloe Vera which make of it an excellent ally for the general health and especially as depurative, detoxifying, and natural regulator of the intestinal transit.

ACTIVE INGREDIENTS

Psyllium: It favours the intestinal liquid retention, it increases the faecal bolus and peristalsis, it makes the stools softer and forms a lubricant layer that facilitates the intestinal transit. It is anti-inflammatory and decreases the appetite.

Linseeds: They help to regulate the intestinal transit without creating dependency or side effects. They have a diuretic and depurative effect by eliminating toxins from the organism and work as anti-inflammatory.

Milk Thistle: Known as hepatic and anti-inflammatory protector, with laxative and antioxidant effect.

Green Anise: It has antioxidant, diuretic, anti-inflammatory, sedative and bactericide effects.

Fennel: Carminative action, stomach tonic, antiseptic and spasmolytic.

Liquorice: Decreases the acid secretion and the inflammation, it is antispasmodic and relieves the stomach cramps.

Rhubarb: It increases the peristalsis generating a laxative effect. It has antiparasitic activity.

Papain: Proteolytic enzyme that improves digestions, neutralises acids and favours the elimination of winds.

Bromelain: Proteolytic enzyme, it improves digestions, anti-inflammatory, healing effect and it improves the defences.

Inulin: Prebiotic that avoids the growth of pathogen bacteria, it improves the intestinal transit and the absorption.

Lactic bacteria: Probiotic that protects the mucosa, provides energy, increases the motility and absorption.

Grapefruit Seeds: Antioxidant and anti-inflammatory that works as an antibiotic and natural antifungal.

Aloe Vera: Prebiotic that regulates Ph, stimulates digestion, and favours the distribution of all the ingredients.

Apple Juice: It provides a nice flavour and taste.

USES

- As regulator of the intestinal transit, detoxifying and to improve the absorption.
- To regenerate the intestinal flora with prebiotic and probiotic effect.
- As a help to control weight.
- As preventive or help in the treatment of intestine and colon pathologies due to its antioxidant, anti-inflammatory, regenerator pH regulator effect.
- To strengthen the immune system, with antibiotic, antifungal and intestine antiparasitary action.
- To improve disgestions, hepatic and vesicular function.

MODE OF USE

It is recommended to take 5 g. per intake (which equal to 2 level scoops of the measuring spoons). It can be taken one or two times a day with meals to improve digestions or before meals to clean the intestinal tract and reduce the appetite.

As any other products with fibre, it is recommended to space the intakes (at least 60 min.) with other products or medicines.



Package of 250 g. (ref.2110)

FORMULA (Ingredients)

Ispaghula powder (*Plantago Ovata*), Golden linseeds (*Linum usitatissimum*), fructooligosaccharides (90% inulin), apple juice powder, natural apple flavour, Milk Thistle D.E. (80% silymarin) (*Silybum marianum seeds*), Green Anise D.E. (*pimpinella anisum seeds*), Fennel D.E. (*foeniculum vulgare Miller seed*), Liquorice D.E. (deglycyrrinated) (*Glycyrrhiza glabra root*), Rhubarb D.E. (>10% emodine) (*Rheum Palmatum root*), Papain>6000 usp/mg, Lactobacillus sporogenes (15 billion/g), Bromelain>2500 gdu/g, Grapefruit D.E. (*citrus grandis seeds*), Probiotics (mix of Lactic bacteria 5*10¹⁰), sweetener (Steviol glycosides). Aloe Vera concentrate 200:1 (leaves).

DID YOU KNOW THAT...?

80% of the immune system is found in the intestine, which keeps a direct communication line with the brain, everything is renewed every two weeks which has a very significant impact in the mood and the health in general.